**Judges Event Feedback Form**

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| **Name:** Preston Krah | **Comp:** Judges’ Cup | **Date(s):** 12 Nov 2017 | **Event:** Rings |

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| **Highlights:** The first meet of the year is typically the roughest meet of the season. Here are some of the main highlights to keep an eye out for:* At all levels, there were several athletes that did not stay tight during the lift to the rings, resulting in a deduction (-0.1)
* For levels 4, 5, and 6: multiple extra swings were performed which is allowed unless otherwise state but missing swings are a deduction that will be taken as a missing box deduction (-1.0)
* For levels 4-6, leg form during tap swings was the most common deduction found (-0.1, -0.3)
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| **Typical Deductions:****Level 4**: * (#2): Lack of hold in the tuck hold caused a major portion of the deductions
* (#3-5): Bent legs and leg separation were the other major source of Level 4 deductions
* (#8): Landed with chest down. Usually got stick bonus but chest was down (-0.1)

**Level 5:** * (#2): Lack of hold during support. Relying on the straps for support.
* (#6-7): Leg form caused a good amount of deductions. (-0.1, -0.3)
* (#8): Lack of preparedness for landing, chest down (-0.1) (-0.1)

**Level 6:** * (#3): Legs bent in tight compression causing a deduction (-0.1)
* (#6): Lack of hold in L position. (-0.3)
* (#10): Dismount was performed in a pike/tuck position

**Level 7:*** (#2): Most common deduction was bent arms in the backup rise (-0.3)
* (#4): The inlocates were low and showed hardly any rise (-0.1, -0.3)
* (#7): Legs bent in the compression phase before the dislocate (-0.1, -0.3)
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| **Data:** N/A |

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| **Additional Comments:** * From what we saw of the coaches, they were well aware of everything stated in the Code of Points
* The athletes, especially those competing for their first time, did a very good job
* Form during the lift to the equipment is a key idea to be emphasized to all the athletes. Several gymnasts lost valuable tenths before they even started their routines.
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